



Living At Peace,

Drum for Your Life drumming circles build community, unity, and human potential through rhythm.

Drumming Circles provide the freedom for all people to express their inner rhythm spirit and to come into communion with their emotional and spiritual body.

Drum Circle Facilitation

1. Open Drumming for improvisation, creativity, and sculpting
2. Games and Activities that promote listening and leadership
3. African Rhythms for building technique and skills

Resources:

Together in Rhythm: by Kalani

The Amazing Jamnasium: by Kalani

Drum Circle Spirit: by Arthur Hull

Village Music Circles: www.drumcircle.com

X8 Drums: www.X8drums.com (Toca Drums)

Spirit In The Wood: www.spiritinthewood.com

African Drum Beat: www.african-drumbeat.co.uk/index.html

Up Beat Drum Circles: www.ubdrumcircles.com/index.php

Health Rhythms: www.remo.com/portal/pages/health_rhythms/index

Remembering How to Drum: by Michael Taylor

How To Play The Djembe: by Alan Dworsky

The Healing Power of the Drum: by Friedman

World Music Drumming: by Will Schmid

Living At Peace: www.livingatpeace.com

Big BANG Music: www.bigbangmusiccenter.com



Please visit our web site www.livingatpeace.com or call 908-431-9904

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